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2-Year APA Program Course Modules 2023 – 2025

Module IV

**August 2023 Symposium/Residency:
The Light House Homestead & Stables, Stonington, CT
August 10 – 13, 2023**

**Webinars with Guest Speakers
September 2023 - November 2023**

PATTERNING AND THE PSYCHE IN THE NATURAL WORLD

This training module takes an in-depth look at the presence and workings of archetypes, archetypal patterns and universal motifs. Through the presentation of fairy tales, myths, legends, wisdom stories and literature, students will come to a richer understanding of the presence of these universal themes.

Required Reading - Books

Von Franz, M.L. (1981). *Puer Aeternus: A Psychological Study of the Adult Struggle with the Paradise of Childhood* (2nd ed.). Santa Monica, CA: Sigo Press.

Required Reading – Chapter in a Book

Jung, C. (1975). A Review of the Complex Theory. In *The Collected Works of C. G. Jung: The Structure and Dynamics of the Psyche* (3rd ed., Vol. 8, pp. 92-104). Princeton, NJ: Princeton University Press. (Original work published in 1934).

Osterman, E. (1968). The Tendency toward Patterning and Order in Matter and in the Psyche. In Wheelwright, J. (Ed.), *The Reality of the Psyche: International Congress for Analytical Psychology Montreux, Switzerland 1965* (1st ed., pp. 14-27). New York, NY: Putnam for the C. G. Jung Foundation for Analytical Psychology.

Recommended Reading - Books

Stevens, P. (1976). *Patterns in Nature*. Harmondsworth, England: Penguin Books.

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Wiesel, E. (1991). *Sages and Dreamers: Biblical, Talmudic, and Hasidic Portraits and Legends*. New York, NY: Summit Books.

Module V

Webinars with Guest Speakers December 2023 – March 2024

ARCHETYPAL FIELD THEORY AND THE NEW SCIENCES

The new sciences of dynamical systems, chaos theory, and field theory represent important extensions and validation of Jung's work on the nature of the objective psyche, and the influence of archetypal fields. As Jung found a meaningful correlation between the workings of this objective psyche and ancient alchemical processes, so too do the new sciences describe the inherent interconnection of matter and psyche, helping us to better understand that domain which Jung described as the "psychoid."

Required Reading - Books

Conforti, M. (2003). *Field, Form, and Fate: Patterns in Mind, Nature, and Psyche* (New [rev.] ed.). New Orleans, LA: Spring Journal.

Jantsch, E. (1980). *The Self-Organizing Universe*. Elmsford, NY: Pergamon Press.

Please use the link below to download the book:

<http://monoskop.org/images/9/9e/166495032-The-Self-Organizing-Universe-by-Erich-Jantsch.pdf>

Sheldrake, R. (2009). *Morphic Resonance: The Nature of Formative Causation* (4th, rev. and expanded U.S. ed.). Rochester, VT: Park Street Press.

Von Franz, M.L. (1992). *Psyche and Matter*. Boston, MA: Shambhala Publications.

Required Reading – Chapter in a Book

Fagg, L. W. (1999). Indwelling. In *Electro-magnetism and the Sacred: At the Frontier of Spirit and Matter* (pp.87-98). New York, NY: The Continuum Publishing Company.

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Recommended Reading - Books

Fagg, L. W. (1999). *Electro-magnetism and the Sacred: At the Frontier of Spirit and Matter*. New York, NY: Bloomsbury Publishing.

Laszlo, E. (1993). *The Creative Cosmos: A Unified Science of Matter, Life and Mind*. Edinburgh, United Kingdom: Floris Books.

Module VI

Webinars with Guest Speakers

April 2024 – June 2024

THRESHOLD EXPERIENCES: THE ARCHETYPE OF BEGINNINGS

The inception of a therapeutic relationship, a first encounter with a potential partner, and an interview with a prospective employee all involve an interchange of conscious and unconscious dynamics and responses. These dynamics are embedded in a process Jung described as the "Marriage Quaternity," an apt description of these operations. In each of these situations, participants are brought under the influence of a field, and together, tend to enact a drama that is seemingly pre-formed and configured.

This course will take an in depth look at the initial conditions of small and large-scale systems. Drawing from the findings of dynamical systems theory and the works of Fred Abraham, Ralph Abraham, Adolph Portmann, and Michael Conforti, we will examine a system's sensitivity and insensitivity to initial conditions, and explore the concepts of hysteresis, theories of replication, and the idea of pre-formed fields.

Required Reading - Books

Conforti, M. (2007). *Threshold Experiences: The Archetype of Beginnings*. Brattleboro, VT: Assisi Institute Press.

Von Franz, M.L. (1972). *Patterns of Creativity Mirrored in Creation Myths*. Dallas, TX: Spring Publications.

Required Reading - Article

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Portmann, A. (1964). *Metamorphosis in Animals: The Transformations of the Individual and the Type*. In Campbell, J. (Ed.), *Man and Transformation: Papers from the Eranos Yearbooks* (Vol. 5, pp. 297-325). Princeton, NJ: Princeton University Press.

Recommended Reading - Book

Abraham, F.D., Abraham, R.H., & Shaw, C.D. (1990). *A Visual Introduction to Dynamical Systems Theory for Psychology*. Santa Cruz, CA: Aerial Press.

Recommended Reading – Chapter in a Book

Sheldrake, R. (1987). Part I: Mind, Memory, and Archetype: Morphic Resonance and the Collective Unconscious. In *Psychological Perspectives: A Quarterly Journal of Jungian Thought* (Vol. 18, Issue 1, pp. 9-25). Los Angeles, CA: C.G. Jung Institute of Los Angeles.

Recommended Films

These original films of Cymatics experiments were made in the 1960's by Swiss scientist, Dr. Hans Jenny:

Cymaman. (n.d.). *Cymatics - Bringing Matter to Life with Sound (Part 1 of 3)*. Retrieved December 26, 2014, from <http://www.youtube.com/>

An overview of Cymatics presented by Deepak Chopra, Kay Gardner, Jill Purce and Rupert Sheldrake. From the award-winning program, *Of Sound Mind and Body: Music & Vibrational Healing*. ©2010 MACROmedia Publishing, All Rights Reserved.
www.cymaticsource.com:

Cymaman. (n.d.). *Cymatics Overview*. Retrieved December 26, 2014, from <http://www.youtube.com/>

Module I

August 2024 Symposium
Residency: Date TBD

Webinars with Guest Speakers
September 2024 - November 2024

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COMPLEX DREAMS AND THE OBJECTIVE PSYCHE

Perhaps Jung's greatest insights concern the presence and workings of the objective psyche, which functions much like the ancient wisdom traditions to orient and guide individuals throughout life. We will compare subjective and objective interpretations of situations and images, with special emphasis on discerning their archetypal underpinnings. This discipline will be illustrated through the presentation of dreams, art, and other manifestations of unconscious material.

Required Reading - Books

Jacobi, J. (1971). *Complex/Archetype/Symbol in the Psychology of C.G. Jung*. Princeton, NJ: Princeton University Press.

Kaufmann, Y. (2009). *The Way of the Image: The Orientational Approach to the Psyche*. New York, NY: Zahav Books.

Required Reading – Chapter in a Book

Jung, C. (1975). A Review of the Complex Theory. In *The Collected Works of C. G. Jung: The Structure and Dynamics of the Psyche* (3rd ed., Vol. 8, pp. 92-104). Princeton, NJ: Princeton University Press. (Original work published in 1934).

Jung, C. (1975). On the Nature of Psyche. In *The Collected Works of C. G. Jung: The Structure and Dynamics of the Psyche* (3rd ed., Vol. 8, pp. 159-236). Princeton, NJ: Princeton University Press. (Original work published in 1934).

Recommended Film

Miracle [Motion picture on DVD]. (2004). USA: Buena Vista Home Entertainment.

When college coach Herb Brooks (Kurt Russell) is hired to helm the 1980 U.S. men's Olympic hockey team, he brings a unique and brash style to the ice. After assembling a team of hot-headed college all-stars, who are humiliated in an early match, Brooks unites his squad against a common foe, the heavily-favored Soviet team. As the U.S. squad tries to overcome insurmountable odds and win the gold medal, the team becomes a microcosm for American patriotism during the Cold War.

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Module II

Webinars with Guest Speakers December 2024 – March 2025

ARCHETYPAL PATTERNS IN MYTH, LEGEND, FILMS AND STORY

Through a study of myth, fairy tales, art, literature, and sacred texts, this course will explore the universal patterns underlying individual behavior and organizational dynamics, and their reflection in processes of the outer natural world. We will also examine somatic patterns and bodily expression as manifestations of archetypal influences. Participants will learn to identify and articulate the nature of particular archetypal patterns, and determine the specific dynamics and needs related to these configurations.

Required Reading - Books

Von Franz, M.L. (1996). *The Interpretation of Fairy Tales* (Rev. ed., 1st Shambhala Publications ed.). Boston, MA: Shambhala Publications.

Von Franz, M.L. (1980). *The Psychological Meaning of Redemption Motifs in Fairytales*. Toronto, Canada: Inner City Books.

Required Reading – Chapter in a Book

Harding, M. E. (1968). The Reality of Psyche. In Wheelwright, J. (Ed.), *The Reality of the Psyche: International Congress for Analytical Psychology Montreux, Switzerland 1965* (1st ed., pp. 1-13). New York, NY: Putnam for the C. G. Jung Foundation for Analytical Psychology.

Module III

Webinars with Guest Speakers April 2025 – June 2025

THE ARCHETYPAL DEVELOPMENTAL APPROACH TO THE PSYCHE

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Erich Neumann's seminal work *The Origins and History of Consciousness* outlines an archetypal developmental model of individual and collective life. He explains that as development proceeds from infancy to old age, we transit through distinct thresholds with unique archetypal challenges and rites of passage. These stages of human consciousness include the Uroborus, the Great Mother, the Hero, Parent/Child, and the Treasure Hard to Attain. Using the lens of Neumann's model and studies on female psychological development, we will examine the ways behavior is indicative of an individual's or an organization's archetypal development. Students will also develop the skills needed to make meaningful interventions that assist in the integration of and transition between stages.

Required Reading - Books

Neumann, E. (1973). *The Child: Structure and Dynamics of the Nascent Personality*. New York, NY: Published by Putnam for C.G. Jung Foundation for Analytical Psychology.

Neumann, E. (2014). *The Origins and History of Consciousness*. Bollingen Series XLII. Princeton, NJ: Princeton University Press. (Original work published in 1949).

Required Reading – Chapter in a Book

Jung, C. (1978). Psychological Factors Determining Human Behavior. In *The Collected Works of C. G. Jung: The Structure and Dynamics of the Psyche* (2nd ed., Vol. 8, pp. 114-125). Princeton, NJ: Princeton University Press. (Original work published in 1934).

Ritsema, R. (1987). The Origins and Opus of Eranos: Reflections at the 55th Conference. In *Eranos-Jahrbuch 56-1987: Crossroads* (Vol 56, pp. 7-19). Frankfurt, Germany: Insel Verlag for the Eranos Foundation.

Required Reading - Article

Whitmont, E. (2007). The Destiny Concept in Psychotherapy. In *Journal of Jungian Theory and Practice* (Vol. 9, pp. 23-37). Houston, TX: The Jung Center. (Online journal).

Recommended Reading - Books

Neumann, E. (1990). *Depth Psychology and a New Ethic*. Boston, MA: Shambhala Publications.

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Neumann, E. (1972). *The Great Mother: An Analysis of the Archetype*. Bollingen Series XLVII. Princeton, NJ: Princeton University Press.

Wilber, K. (1996). *Up from Eden: A Transpersonal View of Human Evolution*. Wheaton, IL: The Theosophical Publishing House.

Recommended Film

Elvis & Annabelle [Motion picture on DVD]. (2007). USA: Accent.

When not caring for Charlie (Joe Mantegna), his sickly father, Elvis (Max Minghella) runs the day-to-day operations of his family's funeral home. Tasked with embalming an attractive young beauty queen named Annabelle (Blake Lively), Elvis is surprised to discover she has miraculously returned to life before he can begin the procedure. The revived Annabelle has no desire to return to her previous existence, and she decides to stay with Elvis and perhaps help him out of his own rut.